

# AROMATHERAPY in PALLIATIVE CARE SERIES

## for Healthcare & Allied-health professionals

### Introducing Aromatherapy in Palliative Care 2-day foundational programme

- An overview of aromatherapy within Palliative Care
- What essential oils are & how to use them safely
- Profiles of 8 essential oils
- An introduction to the art of blending essential oils
- Methods of aromatic inhalation & dermal absorption
- Learn to administer relaxing aromatherapy treatments

**Saturday 3<sup>rd</sup> & Sun 4<sup>th</sup>  
November 2018**

**Mercy Spirituality Centre  
104 The Drive, Epsom  
AUCKLAND**

**10am – 4.30pm (each day)**

**\$290 (includes all materials)**

**[www.thearomary.co.nz](http://www.thearomary.co.nz)**

**On-line booking available**



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### Aromatherapy for emotional & spiritual care 1-day programme: Palliative Care Series\*

- Life-limiting illness: the impact of diagnosis
- Essential oils appropriate for emotional & spiritual care
- Hydrosols & other botanical products
- Enhance blending skills
- Aromatherapy interventions appropriate for patients, family & caregivers
- Supportive self-care techniques

**\*Pre-requisite for this programme:  
Introducing Aromatherapy in Palliative Care**

**Mon 5<sup>th</sup> November 2018**

**Mercy Spirituality Centre  
104 The Drive, Epsom  
AUCKLAND**

**10am – 4.30pm**

**\$145 (includes all materials)**

#### **Pre-requisite:**

**Introducing Aromatherapy in Palliative Care  
or equivalent level of study**

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**On-line booking available**