



Mercy Hospice
Auckland

Te Korowai Atawhai

**Palliative Care Education
Programme 2016**

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Mercy Hospice Auckland recognise that delivery of high quality palliative care is dependant upon a skilled, knowledgeable workforce, that is committed to the pursuit of excellence through continued learning.

One of our strategic objectives is to collaborate with, support and educate other professionals working with patients facing the end of their lives.

Our goal is to ensure that all educational participants are better informed and have a renewed sense of commitment to delivering quality end-of-life care to their patients and families.

We provide continuing education programmes for

- Health care professionals/providers (clinical and non-clinical)
- Families/whanau
- Wider community



Kowhai symbol represents courses developed by Hospice New Zealand

For a full schedule of our programme, content, and costs, and to register for our courses please visit our website:

www.mercyhospice.org.nz/education/

REGISTRATION IS ESSENTIAL to attend all education sessions at Mercy Hospice Auckland. This ensures your place is guaranteed on the session and so we can contact you regarding any changes to the session or venue.

COURSES

HNZ Fundamentals of Palliative Care (updated)



The Hospice New Zealand Fundamentals of Palliative Care Course is a multidisciplinary education resource aimed at all staff working with people who have a life limiting illness.

There are recommended timeframes for each education session however a flexible approach is taken to the choice/order/number of sessions that you choose to attend.

Please note, the Essence of Palliative Care is a foundation learning package which **must** be completed prior to the other education sessions.

Each education session has a self-directed learning component comprising of Pre-session and Post-session learning activities. This supports you to transfer the information and experiences of the session back into your working environment.

The complete course comprises of ten learning packages, 12 education sessions:

- Essence of Palliative Care *(pre-requisite learning package)*
- Ethical Issues in Palliative care
- Pain & Symptom Management learning package has been split into three separate sessions due to the size of the topic:
 - ⇒ Pain
 - ⇒ Other Symptoms
 - ⇒ Pharmacology *(please note this session is optional and free of charge when registering for the full course)*
- Palliative Care for People with Chronic Illness
- Palliative Care for People with Dementia
- Communication Skills
- Last Days of Life
- Loss and Grief
- Introduction to Spiritual Care
- Caring for Ourselves

To discuss the training needs of your facility please contact the Education Team Leader at Mercy Hospice Auckland on (09) 376 7568

Cost per module/session: \$25.00

COURSES

HNZ Palliative Care for Care Assistants



This course consists of four half days

Target Audience: Health Care Assistants

Explore your role in providing palliative care for your residents/patients and their families/whanau

The course runs for four half days across four weeks

Morning tea provided

Course cost: \$65.00

Palliative Care in Clinical Practice (PCCP)

Two day course (16 hours)

Target Audience: Health/Allied Health Professionals

This course is designed for health professionals who have a basic knowledge and understanding of palliative care who want to undertake an advanced course or who are considering undertaking post-graduate education in this specialty

This course is run collaboratively with Hospices of Auckland Educators

Morning and afternoon teas provided. BYO lunch or purchase locally

Course cost: \$235.00

Cultural Diversity in Palliative Care

Half day course

Target Audience: All

How do you create an environment for your patients which supports who they are and what they believe in? Explore cultural beliefs and values around death and dying in our diverse population

Morning tea provided

Course cost: \$115.00

WORKSHOPS



End of Life Conversations (advanced)

Full day workshop

When a person is nearing the end of their life good communication is crucial. This workshop is designed for health/allied health professionals to strengthen and further develop their communication knowledge and skills (eg. you may have attended the HNZ Fundamentals of Palliative Care: Communication Skills session and want to know more)

Participants will experience a practically focussed workshop to support the provision of quality end of life care for their patients and families/whanau

Morning and afternoon tea provided. BYO lunch or purchase locally

Cost: \$135.00

Issues of Loss, Grief and Bereavement (advanced)

Full day workshop

This workshop is designed for health/allied health professionals who want to further their knowledge and understanding on the issues of loss, grief and bereavement. (eg. you may have attended the HNZ Fundamentals of Palliative Care: Grief and Loss session and want to know more)

Participants will explore these issues at a deeper level and gain new insights to help support the care they provide to patients and families/whanau experiencing loss

Morning and afternoon tea provided. BYO lunch or purchase locally

Cost: \$135.00

Life Review Facilitators' Workshop

Full day workshop

Target Audience: Volunteers who have an interest in biography and recording oral histories and working with patients with life-limiting illnesses

Recording a life story is a therapeutic process that enables individuals to reflect on matters of importance to them. Using the Hospice life story protocol and following the respondent's cues, a trained life story facilitator records the expression of thoughts, feelings and memories

The life history transcripts are then crafted into a narrative document for the patient to share with a friend or loved one

Morning and afternoon tea provided. BYO lunch or purchase locally

Enquiries re this w/shop: Please contact the Volunteer Coordinator (09) 376 7567

Cost: \$145.00

WORKSHOPS

Sexuality in Palliative Care

Full day workshop

Target Audience: Health/Allied Health Professionals

Sexuality is an essential aspect of being human as well as being pivotal to our sense-of-self and social roles. It is especially important during the palliative care phase of life, as it is sexuality rather than sex that defines the meaningful relationships that people have with themselves and others

Morning and afternoon tea provided. BYO lunch or purchase locally

Cost: \$135.00

Syringe Driver Competency Workshop

Three hour workshop



Target Audience: Registered Nurses

All participants are expected to hold a current New Zealand Nursing Council Practising Certificate.

Increase your knowledge and skills in the use of the NIKI T34 syringe driver. Participants receive a certificate on completing the requirements of this course

Morning tea provided

Cost: \$65.00

Syringe Driver Update Session

One and a half hour workshop



Target Audience: Registered Nurses

RNs who have completed the HNZ Syringe Driver Competency workshop within the last 2 years. All participants are expected to hold a current New Zealand Nursing Council Practising Certificate

This syringe driver update session is provided for nurses who have previously completed the HNZ Syringe Driver Competency Programme and are wanting to attend a refresher session to reinforce knowledge and practical application when using a continuous subcutaneous infusion. Participants receive a certificate on completing the requirements of this course

Cost: \$40.00

WORKSHOPS



Vulnerable Populations and Palliative Care

Half Day workshop

Target Audience: Health/Allied Health Professionals

Vulnerable populations have become the focus within healthcare due to their challenges of accessing and receiving appropriate care that meets their need.

This workshop will examine the impact vulnerability can have in the context of being diagnosed with a life-limiting illness and will explore how the palliative goal of 'access for all who need it' can be realistically achieved.

Morning tea provided

Cost: \$115.00

Last Days of Life Care Plan

One hour session

Target Audience: Health/Allied Health Professionals

This course is initially one hour with additional sessions on symptom management totalling three to four hours over a period of time.

The vision of the New Zealand Palliative Care Strategy (2001) is that all people who are dying and their family/whanau that could benefit from palliative care, have timely access to quality palliative care services that are culturally appropriate and are provided in a coordinated way.

Mercy Hospice Auckland, in partnership with the Auckland District Health Board, has been implementing the Last Days of Life Care Plan across the district.

This tool has evolved from the NZ implementation of the Liverpool Care Pathway to transfer the hospice model of care into other settings. It is a multi-professional documented process which provides an evidence-based framework for last days of life care.

Cost: This course is offered free of charge*

FAMILY/WHANAU EDUCATION



Families as Carers

One and a half hour session

Are you caring for a person with a terminal/life limiting illness?

Mercy Hospice Auckland runs free workshops with carers in mind. The workshops are interactive sessions with other carers to discuss the issues you face daily.

Topics covered include:

- Looking after yourself
- The support available through hospice and in the community, and how to access this support
- Communication skills – maintaining your relationship with the person who is ill
- What to expect throughout this time of illness
- What to do when things go wrong
- Discussion around the physical needs of the person who you are for caring for at home

Morning tea provided

Cost: This course is offered free of charge*

OTHER LEARNING OPPORTUNITIES

Palliative Care Lecture Series



One hour session

The Genesis Oncology Trust Breakfast Lecture Series is hosted by hospices throughout New Zealand.

These are held on the first Thursday of each month, 7.30 am to 8.30 am.

This education opportunity is designed to suit the needs of a multidisciplinary audience with an interest in palliative care.

The "Hospice NZ Palliative Care Lecture Series 2016" has been endorsed by The Royal New Zealand College of General Practitioners (RNZCGP) and has been approved for up to 1.0 credit CME for General Practice Educational Programme Stage 2 (GPEP2) and Maintenance of Professional Standards (MOPS) purposes.

Thanks once again to the Genesis Oncology Trust, Hospice NZ are delighted to present the Palliative Care lecture series in 2016.

The 2016 schedule of lectures will be available early in the year. See below link:

<http://www.hospice.org.nz/palliative-care-lecture-series>

Cost: These sessions are free of charge*