



## What's happening in Government policy? Refreshing the New Zealand Health Strategy, Health of Older People's Strategy and the Review of Adult Palliative Care Services

Palliative Care Nurses New Zealand conference  
10 November 2015

Dr Paula Martin, Group Manager,  
Sector and Services Policy, Ministry of Health



### What I want to cover this morning

- Update of the New Zealand Health Strategy
- Update of the Health of Older People Strategy
- Review of Adult Palliative Care Services.



### Update of the New Zealand Health Strategy



- Legislation
- New Zealand Health Strategy
- Other health strategies
- Action plans
- Policy frameworks and operational guidance
- Services - shaped by policies, plans and strategies

consistency



### Update of the New Zealand Health Strategy

- Our current strategy is 15 years old
- In a fast-changing world it's time for some new clarity of direction
- We've been working on a new draft Strategy
  - extensive sector engagement
  - two independent reviews have fed into the draft
- We are now testing out a draft Strategy with the sector and public
  - feedback closes Friday 4 December 2015.



### Update of the New Zealand Health Strategy Challenges and opportunities

**Challenges**

- Ageing population (including workforce), rising chronic long term conditions and obesity rates; unequal benefits across population groups; changing needs and expectations

**Opportunities**

- Focus on prevention and making healthy choices; new technologies and medicines; interest in new ways of working across sectors and with people and communities.



### Five strategic themes to guide us into the future

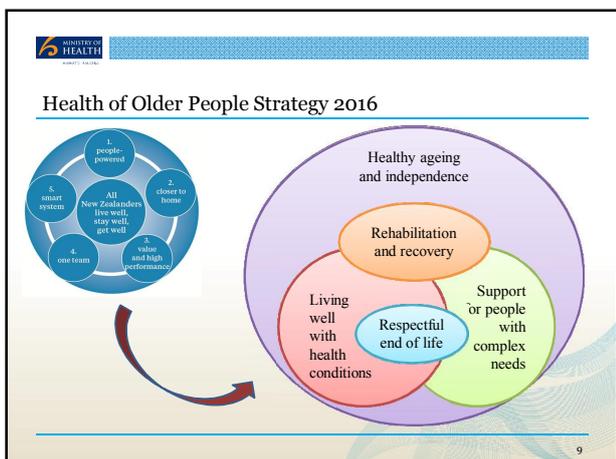


1. people-powered
2. closer to home
3. value and high performance
4. one team
5. smart system

All New Zealanders live well, stay well, get well



- ### Getting involved
- Read the draft Strategy online at [www.health.govt.nz](http://www.health.govt.nz)
  - Formal submissions - online, email or post
  - Informal input – online discussion forum, workshops, come and visit us at the Ministry stand today
  - Email questions to [nzhs\\_strategy@moh.govt.nz](mailto:nzhs_strategy@moh.govt.nz)
  - Consultation closes 5pm Friday 4 December 2015
  - Final Strategy to be released first half of 2016.



- ### Health of Older People's Strategy 2016
- #### A respectful end of life
- Start conversations with older people earlier
  - Be better at involving older people's families
  - Be better at meeting older people's psycho-social needs
  - Improve collaboration across the system particularly at transition points
  - Grow and develop the workforce to support quality care.

- ### Update of the Health of Older People's Strategy
- Holding sector and consumer workshops now to identify priorities
  - Further workshops in early 2016 to design actions
  - Public consultation on a draft Strategy in first half of 2016.

- ### Review of Adult Palliative Care Services
- Will be influenced by the updates of the NZ Health Strategy and Health of Older People's Strategy
  - Reports to the Minister of Health in April and September 2016
  - Focused on:
    - building on progress and optimising services for the future
    - ensuring that high quality, well-coordinated care is available to all who need it.



## What's in and out of scope?

- Adult services
- All levels of service
- All care settings
- Actions over 3 to 5 years
- Actions within existing legislation – so not medically-assisted suicide.



## Palliative Care Advisory Panel

Professor Meryn Gott, (Chair), Auckland University  
 Kate Gibb, Nursing Director, Older People- Population Health, Canterbury DHB  
 Dr Simon Allan, Director of Palliative Care, Arohanui Hospice, Palmerston North  
 Dr Deborah Barham, GP; Medical Officer, Waikato Hospice  
 Virginia Brind GM Planning and Funding Tairāwhiti DHB  
 Barbara Broome, Consumer  
 Clare Greensmith, Psychotherapist, Southern DHB  
 Dr Kate Grundy, Palliative care specialist, Canterbury DHB  
 Rangimahora Reddy ,CEO, Rauawaawa Kaumatua Charitable Trust  
 Mary Schumacher, CEO, Hospice NZ  
 Simon Wallace, CEO, New Zealand Aged Care Association



## What's our approach?

- Information gathering – until early 2016
- Forming and testing initial findings – February to April 2016
- Forming and testing recommended actions – May to August 2016.



## Work-streams

1. Projected demand over next 10-20 years
2. Quality and standards of care
3. Workforce issues
4. Integration and equitable access
5. Funding and sustainability



## Very early days....

... but here are some emerging themes...



## emerging themes...

- We need to address the invisibility of death, dying and palliative care
- We need consistent person-centred care for all those who need it...  
..... and patients' and families' voices to drive improvement
- We need to pay more attention to the role and needs of family carers
- To meet future demand we need to focus on generalist (non-specialist) palliative care services...  
...which will require a strong, well-supported specialist workforce
- Some providers are working well together... and others are not....
- At a system level we need to make better use of data and have a stronger focus on outcomes.



### Tell us what you think

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- Do these emerging themes ring true?
- What works well and what doesn't?
- What makes all the difference for your patients?
- What do you see people missing out on?
- What improvements can be made to the way services are organised?
- What makes it easy or hard to work outside your own team or organisation?



### Getting involved

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- Come and see us at the Ministry of Health stand
  - Cynthia Tarrant (Responsible Manager)
  - Kate Timlin, Senior Policy Analyst
  - Angela Mansell, Principal Policy Analyst
  - Alice McCallum, Policy Analyst
- Get in contact with the Project Lead, Kate Timlin  
[kate\\_timlin@moh.govt.nz](mailto:kate_timlin@moh.govt.nz) phone 04 8163476
- Look out for workshops and other ways to be involved in 2016.
- We will keep in touch with the PCNNZ National Committee.



Thank you.... and do come and talk to us....

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